2016 Lenten Schedule
for St. Joseph Catholic Church

MASSES	Sunday Masses:	Saturday; Vigil 5 pm, Sunday; 8 & 10 am, 12 pm, 5 pm in Spanish Weekday Masses: 8 am, Thursday 9 am School Mass
CONFESSIONS	Saturdays 3:30-4:30 pm Sundays 7:30 am, 9:30 am, 11:30 am (before 8, 10 am & noon Masses) Tuesdays 5-6 pm, Friday after Stations of the Cross (Lent Only) Before and after all services when possible (Lent only), Anytime by request March 4-5 "24 Hours for the Lord" Reconciliation and Adoration March 8 Tri-Parish Penance Service 7:00 pm	
ASH WEDNESDAY February 10th (Day of Fast and Abstinence*)	8:00 am 10:00 am 5:30 pm 7:00 pm	Mass with distribution of ashes Mass with distribution of ashes (School Mass) Mass with distribution of ashes (in Spanish) Mass with distribution of ashes
"24 HOURS FOR THE LORD" **FRI-SAT MARCH 4-5** **YEAR OF MERCY EVENT** **AT EVERY PARISH** **THROUGHOUT THE WORLD**	**EUCHARISTIC ADORATION - QUIET PRAYER FOR MERCY** **FROM 8:30 AM ON MARCH 4 UNTIL 4:30 PM ON MARCH 5** **A PRIEST AVAILABLE FOR CONFESSION OR CONSULTATION IN THE CONFESSIONAL: FRIDAY MARCH 4 FROM 8:30 AM TO 12 MIDNIGHT** **SATURDAY MARCH 5 FROM 7:30 AM TO 4:30 PM**	
ON FRIDAYS DURING LENT (Days of Abstinence*) (Holy Week not included)	8:30 am 1:15 pm 6:00 - 6:50 pm 7:00 pm 8:00 pm	Quiet Eucharistic Adoration until 6:00 pm Stations of the Cross when school is in session Burmese Community Eucharistic Adoration Stations of the Cross & Benediction Stations of the Cross (in Spanish)
NOVENA TO ST. JOSEPH	**MARCH 10TH — MARCH 18TH, 2016**	
ST. JOSEPH'S DAY **MARCH 19**	**SPECIAL PARISH CELEBRATION ON OUR FEAST DAY** **MASS AT 9:00 AM BREAKFAST TO FOLLOW IN SCHOOL CAFETERIA**	

*On **ASH WEDNESDAY**, February 10, and **GOOD FRIDAY**, March 25, abstinence and fast are to be observed (Canon1251). **ALL FRIDAYS** of Lent are penitential days throughout the universal Church, in which abstinence from eating meat is to be observed (Canon1250). **OBLIGATION OF ABSTINENCE AND FAST**: All persons 14 and over are bound by the law of abstinence. All those 18 and over are bound by the law of fast up to age 59, inclusive. Nevertheless, pastors and parents are to see to it that children who are not bound by law of fast and abstinence are educated in an authentic sense of penance (Canon 1251). In observing the precept of **FAST** one small meal and two smaller meals (which do not equal another average full meal) may be taken. Eating solid food between meals is prohibited. Taking medicine of any type does not break one's fast. **NOTE**: When health or ability to work would be seriously affected, the law of fast and abstinence should still be implemented as much as possible in the particular situation. If in doubt concerning one's ability to fast or abstain, one should consult a parish priest or confessor. In observing the precept of **ABSTINENCE**, one does not eat flesh meat, which means the flesh of animals that live on land (e.g. beef, pork, poultry, etc.). **ALL WEEKDAYS of LENT** are also days of penance. All Catholics should choose some form of penitential sacrifice to offer each weekday. Voluntary fasting on all the weekdays of Lent is encouraged.